

escaping the 9-to-5 rut

Three women walked away from their stable incomes and predictable five-day-a-week workload to realise their dreams by Eve Yap



"I fell in love with teaching all over again"

YEO AI LENG, 42, managing director of Roots Excellence

Each school holiday, Ai Leng holds brainstorming sessions with her teachers to come up with new ways of teaching different subjects to primary and secondary school students. "We take apart everything, from heat transfers of liquids to solids to inventing a Swiss army knife," she says.

But what made this mum step out of her comfort zone to start her own business? "I remember those days when I didn't have the energy to read to the kids. My health was suffering, and I was losing the passion for teaching."

Now she teaches concepts and ideas using everyday objects and phenomena. "For example, we make ice cream to teach them about heat transfer."

It may be a busy job, but Ai Leng isn't complaining. In fact, even with 15-hour days, she still finds the time to have a pedicure during her breaks! "I also manage to cook simple meals twice a week for my husband and two daughters." Time is on her side indeed.

Call Roots Excellence at 6841 7708 or e-mail admin@roots-excellence.com.